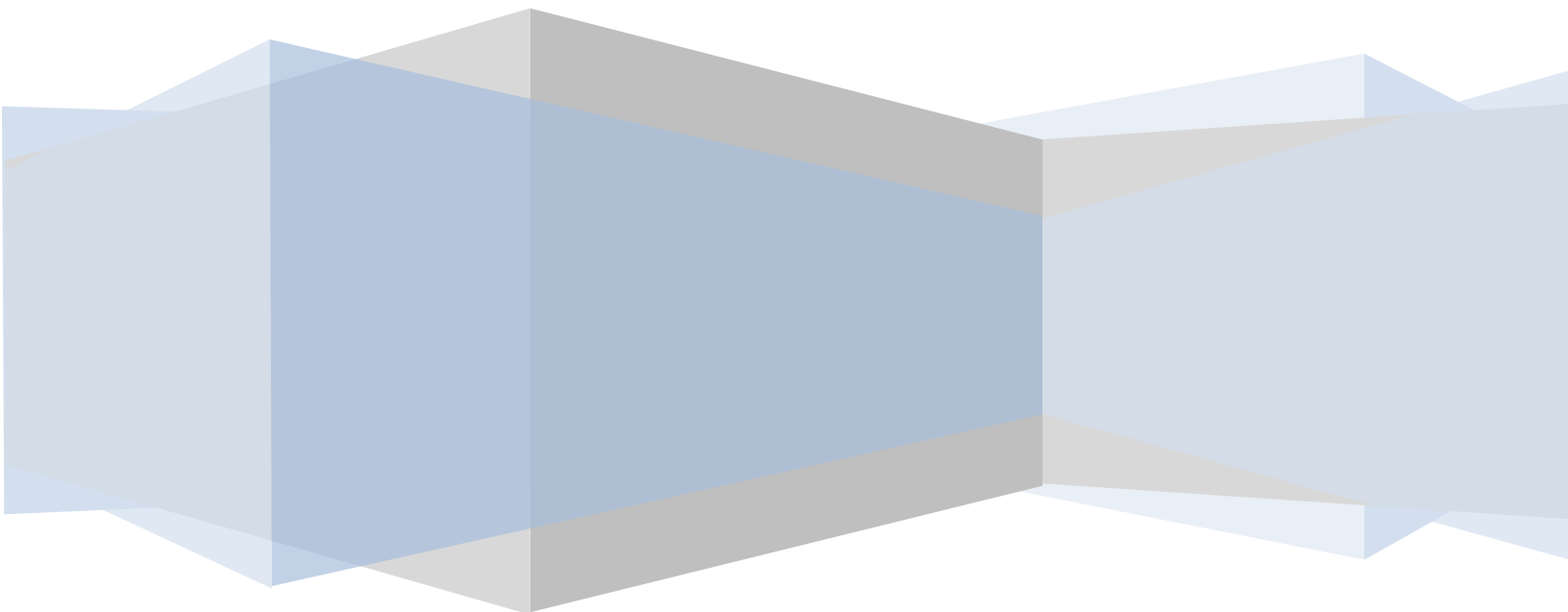


Dynamic Self – Defense, LLC
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Dynamic Self-Defense Cover Letter

We must cooperate and naturally seek to gain the upper hand over Criminals
-Vong Vanmany



The Major Purpose of Dynamic Self-Defense is to quiet or stop an aggressive action without maiming or injuring to a serious extent. As a result we will mainly rely on grasping, pressing, and unnaturally twisting the sensitive parts of an opponent's body such as nerves, muscles, and joints. Dynamic Self-Defense does include a certain number of strikes and grappling escape tactics, but these are usually aimed at spots which will cause an opponent momentary paralysis or unconsciousness. With regards to the principles of street applicability, natural body movements and reactions, the tactics shown by DSD greatly affects the time for you to master the techniques.

In a situation, when you are getting assaulted, only the offender knows when and how he will attack. Any time you are close enough to conduct a pat-down, or to exchange documents, you are close enough to be ambushed. In the DSD program, we teach simple and effective sudden assault defense strategies that enable you to neutralize the threat and achieve a position of advantage while minimizing injury to yourself and the offender.

Reduced Liability

One allegation of excessive force can undermine a law enforcement or a security organization's authority and jeopardize its relationship with the community they serve. The DSD course relies only on control techniques so there is a reduced chance of harming the offender.

Educated "Offender"

MMA is the fastest growing sport in the world, and the general public's knowledge on basic fighting strategies and techniques has never been so high. There is a very real risk that law enforcement or security professional will encounter an offender with some form of martial arts training. We designed the DSD program to give any security or law enforcement professional – regardless of age, gender or athletic ability – the skills to: 1) Defuse the threat, 2) Posses control of their opponents, and 3) Achieve a position of advantage while waiting for backup.

Remember, while you are reading this, the enemy is training.

DSD believes that four hours of our training can mean the difference between life and death of a Law enforcement or Security officer during a violent physical encounter with an aggressive offender. DSD developed the "4-hour Training Seminar" to address the most common threat scenarios and the most important survival principles that every officer or security personal must learn to survive a violent physical encounter with a larger, more athletic offender. In addition DSD techniques will control and constraint a juvenile offender as well.

A person does not need to have extensive Martial Arts experience to learn the techniques shown by Dynamic Self-Defense. DSD techniques are basically independent of any Martial Arts style and can be learned by anyone willing to devote Time and Energy. Currently, some DSD techniques are being used by policemen without having to use their gun.

We offer a Stranger Danger class for the little ones as well.

If you would like to schedule a seminar, please contact me for more information.

Sincerely,

Vong Vanmany, Instructor and Owner of:

Dynamic Self-Defense, LLC